

## Weekly Energy Reading Sample: November 28<sup>th</sup> – December 4<sup>th</sup>, 2022

Hello Chickadee!

This week is both literally and energetically a transition from November into December. Since the new month begins mid-week, and the podcast won't be available till then, here's a quick summary for December...

December is a month all about melding personal authenticity with the natural flow and rhythm of life. This focus provides us a few layers of healing, learning, and expansion. Including, self-discovery, learning about Creation's flow, and the process of melding the two.

There will be more information and relevant resources with the podcast, but this understanding will help you to better understand this week's energy. For as I said, it is an energetic vibration preparing us for the transition into the month of December.

### Channeled Messages:

My spirit guides started by showing me a tribal dance:

The flames of the large camp fire is the only light of Earth. The lights of the moon and stars - of Heaven and the Celestial world also shine. You stand in a circle around the fire. It is that moment of anticipation and pause. Are you ready?

Then it starts. The first beat, the first call of the first drum. It begins.

While the drums have started - you begin with a single step. First one, then another. Around the fire you walk until the number of steps is forgotten, just as the number of drumbeats is lost. Slowly it builds until the calls come. The singing in time with the beating. Your own chest vibrating from the force of the drums and your heart beating with them.

You are the dancer. You move. You call. You bend and twist. Yet you are led and cradled by the fire, drums, cries, and others around you.

This is the dance - this is what is to come.

Now, in this moment, you are standing. It is almost dark; the drum has not yet spoken. Are you ready?

### **Energy:**

This week's energy is akin to the beginning of a new dance. The example of a tribal woman who has danced before. She now better understands and is more prepared. This coming month is new and yet, not foreign. We have seen and experienced many new months and many Decembers. It might be a new dance, it might be new learning, but it is not something we are unfamiliar with.

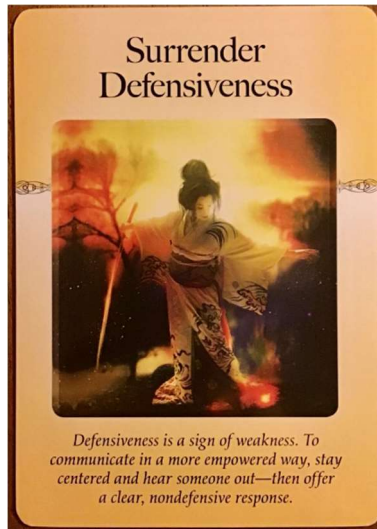
### **Stone: Selenite**

Selenite is recommended for this week, to clean the slate. We are shaped by our past, but this is not the same as being dictated by that past. Each new moment, reality itself, is neutral until we bring the emotions and thoughts of the past and apply our perception upon things. Yes, it is another chance to dance and synch with the moment and life and yourself, but let it be fresh.

This week is about preparation in mind and spirit. To clean and cleanse. There is a reminder of a child's ability to experience excitement even if past mistakes were made. To do it again without fear of repeating errors, but rather instead open up to the newness and untaintedness that will forever be the future.

Therefore, inner child work this week would also be helpful. Spending time with your inner child, revisiting the mindset of a child, or even revisiting childhood memories.

## Oracle Card: The Power of Surrender Cards by: Judith Orloff, M.D.



### **Surrender Defensiveness:**

"Defensiveness is a sign of weakness. To communicate in a more empowered way, stay centered and hear someone out - then offer a clear, nondefensive response."

Upon reading this message, the word that called to me was, "centering," explaining how we can make the most of this week. Centering means: grounding, meditation.

Becoming (by choosing to be) comfortable with yourself and personal truths (that authenticity). To see and understand (perceive) that you being you, me being me, and others being other: offers us the life and state of Creation that we marvel and love. Therefore, it's okay for there to be difference.

Stay centered in your truths, allow others their freedom of self, and embrace the world that is created by this choice of acceptance. Each person has this choice to accept or reject difference. When others choose to reject it, it is a comment about their beliefs and fears, not a comment on who you are or what your truths are. You are deserving of the freedom to choose who you wish to be.

### **Conclusion:**

This week we are experiencing the swinging of energy as we oscillate from what has been (November) into where we are going (December). To

prepare us for this new dance, we are experiencing cleansing energy, with a focus on preparation and release. December will offer a great many more marvels if we can release the past and go into it almost blind. Allowing Creation the opportunity to surprise you with magic and miracles.

Have a free-filled week, Chickadee.

With love,  
Rae