July 22nd-28th 2024 Weekly Energy Reading

Greetings Chickadee!

July 2024 has been a month all about diving into the collective unconscious; voicing silenced needs, truths, and wounds. This week we are diving deep into an ancient ancestral shadow. To begin or maybe continue a journey of health and prosperity.

Channeled Messages:

My spirit guides began our week with the trigger word: wealth.

Shining a light upon the darkness within our collective unconscious onto the abundance of Creation. Resulting in the shadow being expressed in life: poverty. A mentality, which creates our vibration, and becomes our physical reality. Even growing to become a binding element within communities and families.

A binding element is the thing that brings a group of people together and keeps them together. "We are _____ and they aren't." We're poor and they are rich. But if a member of the group violates the binding element by becoming the opposite - it can literally divide families. The poor becoming rich, the religious becoming atheist, or the republican becoming a democrat.

What binds one group of people might not be the binding element within another. Which is why some families have diversity in some things and other families would never dare. The binding element is often unspoken in the family but the pull and rule of it can be felt. We know that to do this thing or believe in that belief might alienate us for good.

Persistent poverty is a result of beliefs, greed, and perception. We can be born into any form of poverty: money, emotional fulfillment, social connection, etc. The wealth of life disconnected from us in some way. But the persistence of poverty comes from the mentality/vibration more than anything. A belief we can't get to the wealth or a fear of what happens if we do.

This week's deep sapphire blue energy is the vibration of wealth - hidden away in our collective unconscious. For on a cosmic level we are in an abundant Universe, on a soul level we know this, but on a human level we have forgotten. This energy is pushing us this week to ask: why? Why are you disconnected from wealth in this area of your life?

Be it: emotional, social, financial, physical, or spiritual. In answer to this question, your mind might offer up all these "reasons." About your worth. About the nature of the "real world." About what you've been taught, have already experienced, or how others treat you when you have wealth.

Ask: why? Listen to what "truths" exist within you and you might even identify some fears. Then see if you can replace these thoughts. Through the tools of affirmations, change of plans, or prayer.

Given the social class system, on an ancestral level poverty is rooted deep within us. Even those with monetary wealth can exhibit the collective unconscious fear of an absence of wealth, resulting in greed.

This process of healing is a practice, and this week Spirit is helping us to draw the remembrance of wealth within a soul's perspective, back into our consciousness.

To help you understand how wealthy you can be, check out this book: <u>The Table</u> <u>Where Rich People Sit</u> by: Bird Baylor. (Read-aloud)

Stone: Amethyst

Whether you need aid during a stressful moment, are seeking your inner wisdom, or want help raising your energy - amethyst can help. The strong and steady waves of energy that come off this stone can aid us in pushing away the lower vibrations and attune to the abundance and wealth within the world.

Tarot: Rider-Waite-Smith

9 of Cups, Emperor, 4 of Wands



The strongest personal empires are balanced. Think of the pillars seen in the Rider-Waite-Smith deck, representing polarity. The great wisdom of The High Priestess, Justice, and even the Hierophant are expressed by sitting between the two poles of polarity. If we look at the Emperor in a similar fashion, we discover the wisdom for our week.

To make the most of the week and in fact our life in general, we are advised to sit balanced between overindulgence and prudency (9 of Cups) and celebration/pause and hard work/movement (4 of Wands). To design a day which creates a life filled with what needs to be done and what you enjoy; if you can combine the two (like working a job you enjoy) you've brought your life to the next level. If you approach your week with this idea as the design for your day you can not only build and maintain an empire but enjoy yourself.

When you go to weigh your days this week, measure them by this balancing design. Where do you sit between the two pillars? If you're feeling drained, do you need to lean a little more to the relaxation end of things; maybe set a timer for 30min. If you are seeing the mountain of things to do, maybe lean into it and set a timer for 30min to work. If you just worked, can you now relax?

Imagine it as the inhale and exhale of your life. To lean from one end of the polarity to the other allows you to flow within the currents of life. When you view your life from this perspective of polarity, the flow of Creation (the Dao), and remember that this design is Spirit-based we can live a full, sustainable, and happy week.

Conclusion:

For thousands of years human beings have concluded the idea that there wasn't enough - food, water, wealth. For thousands of years human beings have passed on this message to their descendants; now like a speeding train this idea of poverty is saturated within our collective. You cannot personally stop a speeding train by yourself in one week. Spirit has not brought forth this message expecting you to make thousands of years null and void overnight.

Which is why we have the choice to view this week as another step in our personal and collective healing. To learn to accept the opportunities of wealth and to open our arms to receive. Consider this week as the start of a journey and not a lesson you need to master because of some test next Monday. Ask for help when you need it. Accept when you feel impoverished and allow those emotions and thoughts to guide you in healing.

Whether we can see or even accept this idea of cosmic wealth and abundance doesn't change what is out there. You are loved unconditionally, you are in a world of abundance, and you are supported - whether you are ready to believe in it or not. That's the power of prayer and Spirit.

Have an abundant week, Chickadee!

Warmly, Rae

Disclaimer: This reading is meant to expose and educate. It is not meant to replace diagnosis and treatment by a qualified medical practitioner or therapist. In addition, please use your own personal judgment. The information provided here is meant to posit new information, thoughts, and ideas to help the individual. At no time is the information meant to supersede or dictate an individual's actions. No expressed or implied guaranteed results or improvement from the use of the recommendations and information can be given or liability taken.