



Relationship, Friendship, & Communication Resources

Courtesy of North Central Psychic Fair
visit website for pdf with active links - [https://raemedicinewoman.com/
North Central Psychic Fair - rae medicine woman](https://raemedicinewoman.com/North%20Central%20Psychic%20Fair%20-%20rae%20medicine%20woman)

Hans Decoz – Numerology: Monthly Relationship Forecast

[Free Relationship Numerology Forecast | World Numerology](https://www.worldnumerology.com/relationship-numerology.html)

<https://www.worldnumerology.com/relationship-numerology.html>

Rae Beecher – Communication & Relationships Articles with imbedded videos

[16 Days Till Santa - Goblins & Communication - rae medicine woman](https://raemedicinewoman.com/16-days-till-santa-goblins-communication/)

<https://raemedicinewoman.com/16-days-till-santa-goblins-communication/>

[What is the Heart-Centered Way? - rae medicine woman](https://raemedicinewoman.com/what-is-the-heart-centered-way/)

<https://raemedicinewoman.com/what-is-the-heart-centered-way/>

Brené Brown – Relationship Strategy & Trust Videos

[SuperSoul Sessions: The Anatomy of Trust - Brené Brown](https://brenebrown.com/videos/anatomy-trust-video/)

<https://brenebrown.com/videos/anatomy-trust-video/>

[RSA Short: Blame - Brené Brown](https://brenebrown.com/videos/rsa-short-blame/)

<https://brenebrown.com/videos/rsa-short-blame/>

[RSA Short: Empathy - Brené Brown](https://brenebrown.com/videos/rsa-short-empathy/)

<https://brenebrown.com/videos/rsa-short-empathy/>

Gottman Institute – Relationship & Trust Video & Article

[The Key Habits for a Successful Relationship | Dr. John Gottman and Dr. Julie Gottman](https://www.youtube.com/watch?v=nQ5DYlbi9y8)

<https://www.youtube.com/watch?v=nQ5DYlbi9y8>

[4 Tips to Build Everyday Trust in Relationships](https://www.gottman.com/blog/4-tips-to-build-everyday-trust-in-relationships/)

<https://www.gottman.com/blog/4-tips-to-build-everyday-trust-in-relationships/>